

# Country village News



June 2025

250 Theodore Drive, Coram, NY 11727

## Happy Birthday



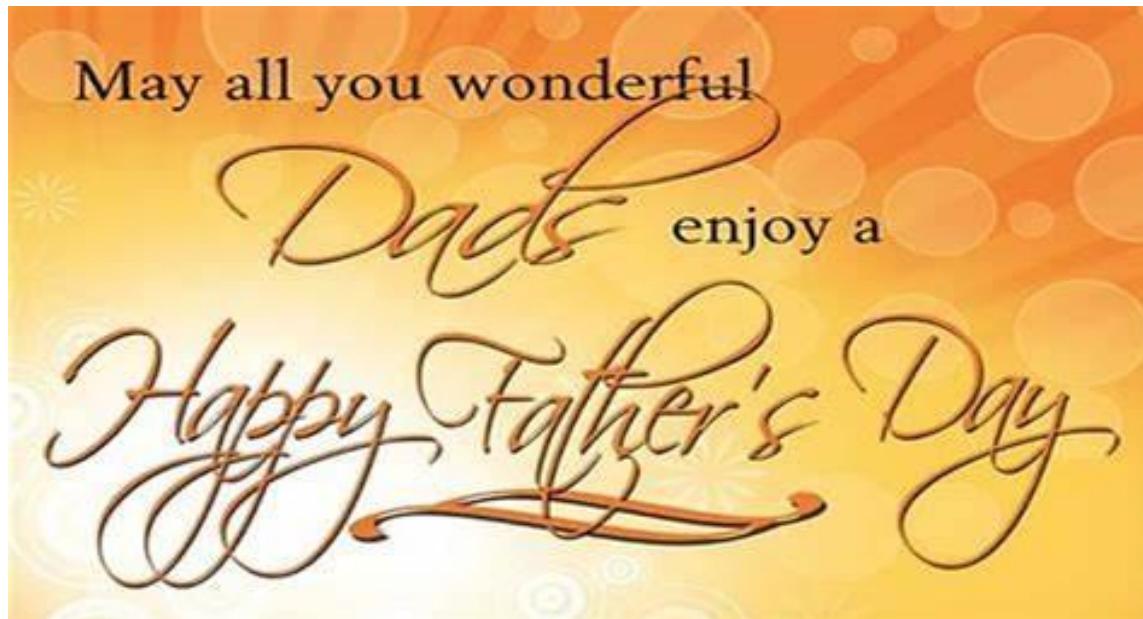
01 Gene Flynn  
09 Jim Smith

09 June Tamillow  
11 Tony Scott

12 Anthony Christian  
Marge Rothwell



## Happy Anniversary



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## **PMI Gold Coast Properties**

To contact PMI (our management company)  
[CountryVillage@PMIGoldCoast.com](mailto:CountryVillage@PMIGoldCoast.com) 631-621-2150

After-hours/weekends/emergency 800-549-3568  
An operator will take your call and relay the message to the management team.

Phone: 631-621-2150 Fax: 631-406-4941  
409 Lake Avenue, Saint James, NY 11780  
Website: [www.pmigoldcoast.com](http://www.pmigoldcoast.com)

### **Country Village Board Members**

President:	Phyllis Benanti
Vice-President:	Greg Williams
Finances	Ellen Forestieri
Secretary	Linda Bily
Director	Ed Tomaiuoli

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Editor:	Doreen McCrystal
Co-Editor:	Sandy Bakofen
	Debbie Buscaglia
	Marie Palagonia
Treasurer:	Francine Leiboff
Email:	cvenews@yahoo.com

### **Finance Review Committee**

Gene Flynn Chairperson  
Charlie Buscaglia  
Mike Ellis  
Greg Gasiewski  
Bill Fischer

### **Country Village Entertainment Committee**

Jackie Bromberg  
Francine Davino  
Sandy Bakofen  
Betsy Burbige  
Carol Fox

### **Social Director**

Debra Dougherty

# COUNTRY VILLAGE NEWS

## Enjoying Our Community

- Monday: Exercise "Walk Away the Pounds" **9am**, Water Aerobics **10am**, Mexican Train Domino's **1pm**, Woman Cards **1pm**, & Bunco 2<sup>nd</sup> Monday of each month **7pm**.
- Tuesday: Exercise "Walk Away the Pounds" **9am**
- Wednesday: Exercise "Walk Away the Pounds" **9am**, Knitting Group **1pm**, Ladies Game Day **1pm**, & Bingo **7pm**.
- Thursday: Exercise "Walk Away the Pounds" **9am**, Water Aerobics **10am**, Men's Club **11am**, Chair Yoga **4pm** & Mahjongg **7pm**,
- Friday: Exercise "Walk Away the Pounds" **9am** & Left Right Center 3rd Friday of each month **7pm** (unless there is an event on Saturday then moved to next Friday).

## Entertainment Committee Future Events:

- July 19 Horse Races
- September 20 Chinese Luncheon
- October 25 Halloween Party
- November 11 Veterans' Day Celebration
- December Holiday Part

## **HEALTH And WELLNESS**

This month "Diagnosed with ADHD – at 65"

## **Water Aerobics**

Starting Thursday July 3<sup>rd</sup> 10:00am. It will be twice a week, Monday and Thursday. Instructor Angela Dellacqua

## **BUNCO**

If you would like to play BUNCO please contact Linda Bily, games start at 7:00p.

## **Exercise**

"Walk Away the Pounds" - Every day at clubhouse at 9:00am, YouTube classes. 15-minute 1 mile walk.

## **Mahjongg**

Interested in playing contact Doreen McCrystal or Sandy Bakofen

# POOL RULES

- SWIM DIAPERS BE WORN BY BATHERS WHO ARE INCONTINENT, LACK TOILET TRAINING, OR OTHERWISE LACKING VOLUNTARY CONTROL OF EXCRETORY FUNCTIONS.
- THE DECK SHALL BE UNOBSTRUCTED FOR AT LEAST (5 FT) FIVE-FOOT WIDTH AROUND THE ENTIRE POOL DECK.
- ALL TABLES & CHAIRS MUST BE KEPT AT LEAST 5 FT FROM POOL FENCE TO AVOID VIOLATION & FINES.
- THE DOOR LEADING FROM THE POOL AREA TO THE RESTROOMS SHOULD BE KEPT CLEAR FOR EASY ACCESS.
- ALL DOORS LEADING FROM THE CLUBHOUSE TO THE POOL AREA WILL BE LOCKED WHEN THE POOL IS CLOSED
- IT IS REQUIRED BY THE DEPARTMENT OF HEALTH THAT BATHERS MUST SHOWER PRIOR TO ENTERING THE POOL. SHOWERS ARE PROVIDED IN THE CLUBHOUSE.
- POLLUTION OF THE SWIMMING POOL IS PROHIBITED. NO URINATING, DISCHARGE OF FECAL MATTER, EXPECTORATION, OR BLOWING THE NOSE IN THE SWIMMING POOL IS PROHIBITED.
- COMMUNICABLE DISEASE. NO PERSON HAVING SKIN LESIONS, SORE OR INFLAMED EYES, MOUTH, NOSE, OR EAR DISCHARGES SHALL BE RESTRICTED FROM USING THE POOL.
- NO PETS ARE ALLOWED IN THE POOL OR POOL AREA.
- HEAD FIRST DIVING FROM THE POOL DECK IS PROHIBITED IN WATER DEPTHS LESS THAN EIGHT FEET.
- ALL ADDITIONAL REGULATIONS REQUIRED NOW OR IN THE FUTURE BY THE SUFFOLK COUNTY DEPARTMENT OF HEALTH SHALL BE OBEYED BY ALL MEMBERS.
- MANAGEMENT HAS THE RIGHT TO ASK ANY HOMEOWNER AND GUEST TO LEAVE FOR NONCOMPLIANCE WITH THE ABOVE RULES.

# POOL RULES

- USE OF THE POOL AND RECREATION FACILITY WILL BE RESTRICTED TO HOMEOWNERS AND THEIR GUESTS WHO WILL BE ACCOMPANIED BY A HOMEOWNER AT ALL TIMES.
- HOMEOWNERS WILL BE HELD RESPONSIBLE FOR ALL ACTIONS OF THEIR GUESTS IN THE POOL AREA AND CLUBHOUSE.
- WHEN THERE IS ONE PERSON IN THE POOL THERE MUST BE ANOTHER ADULT ON DECK.
- BATHERS MUST WEAR APPROPRIATE SWIM ATTIRE.
- TO AVOID ACCIDENTS, SHOES MUST BE WORN AT ALL TIMES IN THE CLUBHOUSE.
- PLEASE DO NOT ENTER THE CLUBHOUSE WITH DRIPPING BATHING SUITS.
- CHILDREN UNDER THE AGE OF 16 MUST BE ACCOMPANIED BY A HOMEOWNER OR PARENT. NO FOOD AND BEVERAGES IN THE POOL EXCEPT WATER IN PLASTIC CONTAINERS.
- NO SMOKING IN POOL AREA.
- ANY PERSON SUSPECTED OF BEING UNDER THE INFLUENCE OF ALCOHOL OR DRUGS SHALL BE PROHIBITED FROM ENTERING THE POOL.
- NO DIVING OR JUMPING INTO THE POOL.
- NO RUNNING OR HORSEPLAY ON THE DECK AREA.
- NO PERSON WILL MAKE UNNECESSARY NOISE OR BEHAVE IN ANY OBJECTIONABLE MANNER IN THE POOL OR RECREATION AREA.
- NO FLOATS, BALLS, OR TOYS ARE PERMITTED IN THE POOL EXCEPT NOODLES.
- NO TOWELS OR ARTICLES OF CLOTHING WILL BE HUNG OVER THE FENCE.
- FIRST AID SUPPLIES ARE AVAILABLE AT THE DOUBLE-DOOR ENTRANCE TO THE CLUBHOUSE .
- MANAGEMENT HAS THE RIGHT TO ASK ANY PATRON TO LEAVE FOR NON-COMPLIANCE WITH THE ABOVE RULES.



**BACK BY  
POPULAR  
DEMAND!**

## **AN EVENING AT THE RACES!**

Saturday, July 19, 2025, at 6:00pm

Only \$7 for hero's, soda, water

**LADIES AND GENTLEMEN PLACE YOUR \$1  
BETS ON YOUR FAVORITE HORSES.**

Sign-up sheet will be in the Clubhouse.

Cash payment will be accepted at the Club House on Wednesday, July 9, 2025, between 10:00am - 11:00am and 6:00pm - 7:00pm.

## SHANAGEGANS SOCIAL EVENTS

On Saturday May 17<sup>th</sup> the ladies went to The Gateway Theater to see 42<sup>nd</sup> Street. Everyone loved the show, and they had a fantastic time afterwards.



## SHRED-A-THON

The Shred-A-Thon was a great success, thank you Clair Laface and Karen Orrach for bring this to CVE.





## *Landscape Services from Perfect Lawn Care*

PO box 1874 Miller Place NY  
11764



*Patios*



*Benches*



*Fountains*



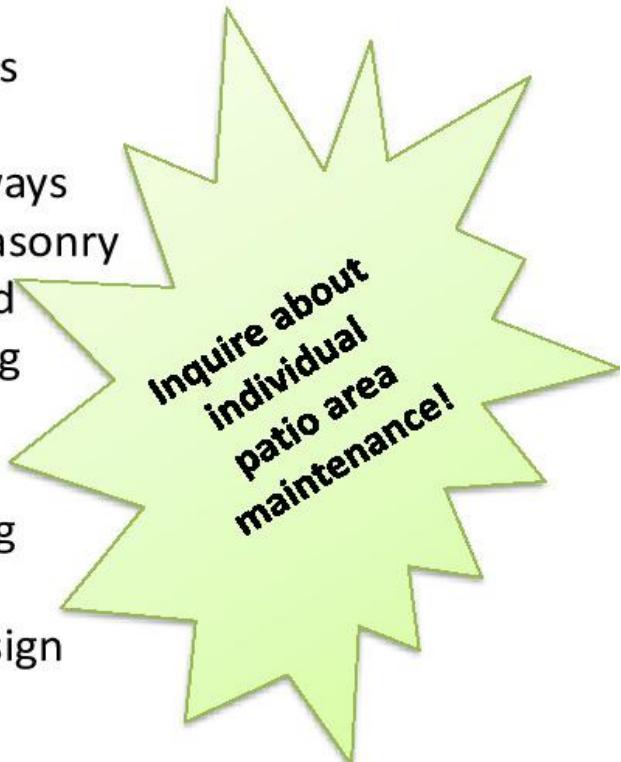
*Landscape*



*Plantings*

### We offer the following services

- Plantings
- Shrub removals
- Mulch
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- All types of Masonry
- Top Soil & Seed
- Gutter Cleaning
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- Drainage
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- Sod
- Landscape Design
- Aerating
- Thatching
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*Please call today for free  
estimates*

**631 320-1717**

[PerfectlawnCare@optonline.net](mailto:PerfectlawnCare@optonline.net)

## GOLDEN GIRLS

**Everyone had a wonderful time, so many laughs, it was hilarious. Golden Girls Mystery Maud's Birthday Bash, great entertainment, the murder of Phill MacCrack.**

**The winners who figured out who killed Phill were - 1st prize bottle of wine, Jean (June's daughter) and Kathy (Sandy Bakofen sister) won 2<sup>nd</sup> prize bag of popcorn.**

**The dating game was hilarious, Dave Summers, Tony Scott & Del Delmonico were the men Maud had to pick from. The winner of the Mauds Dating Game was Tony Scott.**

**Congratulations to Marie Lacorte winning the 50/50.**





# FREE CONCERTS

## Tiki Joe's Smith Point Beach Club Music Schedule

**Wednesday through Saturday 6:30-9:30 and Sunday 6-9**

**unless otherwise listed.**

### JUNE

- 01 JUNE 6:00 PM - 9:00 PM Common Ground
- 06 JUNE 6:30 PM - 9:30 PM Van Hagar (Van Halen Tribute)
- 07 JUNE 6:30 PM - 9:30 PM Dance Party Explosion
- 08 JUNE 6:00 PM - 9:00 PM Nichols Road
- 13 JUNE 6:30 PM - 9:30 PM Crystal Ship
- 14 JUNE 6:30 PM - 9:30 PM Panic
- 15 JUNE 6:30 PM - 9:30 PM Doobie Others
- 20 JUNE 6:30 PM - 9:30 PM Half Step
- 21 JUNE 6:30 PM - 9:30 PM Radio Flashback
- 22 JUNE 6:00 PM - 9:00 PM Decadia
- 25 JUNE 6:30 PM - 9:30 PM Soapbox Messiah
- 27 JUNE 6:30 PM - 9:30 PM Zeppelin Complete
- 28 JUNE 6:30 PM - 9:30 PM Warped Tour Band
- 29 JUNE 6:00 PM - 9:00 PM Mean Machin

### JULY

- 01 July 6:30 pm - 9:30 pm La Elegancia De La Salsa
- 02 July 6:30 pm - 9:30 pm Skeedle Brothers Trio
- 03 July 6:30 pm - 9:30 pm Legendary Murphys
- 04 July 6:30 pm - 9:30 pm Freebird
- 05 July 6:30 pm - 9:30 pm That 70's Band
- 06 July 6:00 pm - 9:00 pm In the Groove
- 08 July 6:30 pm - 9:30 pm Salsa Revolution
- 09 July 6:30 pm - 9:30 pm Modern Justice
- 10 July 6:30 pm - 9:30 pm Stagecoach
- 11 July 6:30 pm - 9:30 pm The Allmost Brothers
- 12 July 6:30 pm - 9:30 pm Go Rogue
- 13 July 6:00 pm - 9:00 pm Panic
- 15 July 6:30 pm - 9:30 pm La Elegancia De La Salsa
- 16 July 6:30 pm - 9:30 pm Skeedle Brothers Trio
- 17 July 6:30 pm - 9:30 pm Southbound
- 18 July 6:30 pm - 9:30 pm Shoot 2 Thrill
- 19 July 6:30 pm - 9:30 pm Peat Moss and the Fertilizers
- 20 July 6:00 pm - 9:00 pm O El Amor
- 22 July 6:30 pm - 9:30 pm Salsa Revolution
- 23 July 6:30 pm - 9:30 pm Killer Joe
- 24 July 6:30 pm - 9:30 pm Ladies of Country

# FREE CONCERTS

## Tiki Joe's Smith Point Beach Club Music Schedule

25 July 6:30 pm - 9:30 pm Legendary Murphys (A Tribute to Farm Aid)

26 July 6:30 pm - 9:30 pm Warped Tour Band

27 July 6:00 pm - 9:00 pm The Max

29 July 6:30 pm - 9:30 pm La Elegancia De La Salsa

30 July 6:30 pm - 9:30 pm Skeedle Brothers Trio

31 July 6:30 pm - 9:30 pm Southbound

### AUGUST

01 August 6:30 pm - 9:30 pm Us and Floyd

02 August 6:30 pm - 9:30 pm In the Groove

03 August 6:00 pm - 9:00 pm 1 Step Ahead

06 August 6:30 pm - 9:30 pm Killer Joe

07 August 6:30 pm - 9:30 pm Stagecoach

08 August 6:30 pm - 9:30 pm Echoes of Eagles

09 August 6:30 pm - 9:30 pm Panic

10 August 6:00 pm - 9:00 pm 20 Highview

13 August 6:30 pm - 9:30 pm Skeedle Brothers Trio

14 August 6:30 pm - 9:30 pm Southbound

15 August 6:30 pm - 9:30 pm Streetfighter

16 August 6:30 pm - 9:30 pm Slingshot

17 August 6:00 pm - 9:00 pm Nitework

20 August 6:30 pm - 9:30 pm The Upside Down Band

21 August 6:30 pm - 9:30 pm Ladies of Country

22 August 6:30 pm - 9:30 pm Sir Elton (Opening: Solo Joe)

23 August 6:30 pm - 9:30 pm Peat Moss and the Fertilizers

24 August 6:00 pm - 9:00 pm VHS Band

27 August 6:30 pm - 9:30 pm Skeedle Brothers Trio

28 August 6:30 pm - 9:30 pm Crash My Party

29 August 6:30 pm - 9:30 pm Gold Dust Woman (Stevie Nicks Tribute)

30 August 6:30 pm - 9:30 pm Warped Tour Band

31 August 6:00 pm - 9:00 pm That 70's Band

### SEPTEMBER

01 September 6:30 pm - 9:30 pm Where Stars Collide

04 September 6:30 pm - 9:30 pm Southbound

05 September 6:30 pm - 9:30 pm Wonderous Stories

06 September 6:30 pm - 9:30 pm Radio Flashback

07 September 6:00 pm - 9:00 pm 70's Rock Parade

11 September 6:30 pm - 9:30 pm Stagecoach

12 September 6:30 pm - 9:30 pm Speedwagon/Bryan Adams (REO Speedwagon/Bryan Adams Tribute)

13 September 6:30 pm - 9:30 pm In the Groove

14 September 6:30 pm - 9:30 pm Dance Party Explosion

## FREE CONCERTS

# Tiki Joe's Cedar Beach Music Schedule

## All music is from 6-9 unless otherwise listed

### JUNE

- 01 June 6:00 pm - 9:00 pm Easy Street
- 06 June 6:00 pm - 9:00 pm Soapbox Messiah
- 07 June 6:00 pm - 9:00 pm Rock It
- 08 June 6:00 pm - 9:00 pm B4 Dawn
- 13 June 6:00 pm - 9:00 pm 1 Step Ahead
- 14 June 6:00 pm - 9:00 pm Slingshot
- 15 June 6:00 pm - 9:00 pm VHS Band
- 20 June 6:00 pm - 9:00 pm Common Ground
- 21 June 6:00 pm - 9:00 pm Fogerty Project
- 22 June 6:00 pm - 9:00 pm Limewired
- 24 June 5:00 pm - 8:00 pm Darlene Graham (Rockin Tots, kids music)
- 26 June 6:00 pm - 9:00 pm Chain Reaction
- 27 June 6:00 pm - 9:00 pm Radio Flashback
- 28 June 6:00 pm - 9:00 pm Skeedle Brothers Amped Up
- 29 June 6:00 pm - 9:00 pm The Electric Voodoo Dolls

### JULY

- 03 July 6:00 pm - 9:00 pm Jackie & the Rippers
- 04 July 6:00 pm - 9:00 pm Slingshot
- 05 July 6:00 pm - 9:00 pm NU Groove
- 06 July 6:00 pm - 9:00 pm The Max
- 10 July 6:00 pm - 9:00 pm Soapbox Messiah
- 11 July 6:00 pm - 9:00 pm Peat Moss and the Fertilizers
- 12 July 6:00 pm - 9:00 pm 1 Step Ahead
- 13 July 6:00 pm - 9:00 pm Skeedle Brothers Amped Up
- 17 July 6:00 pm - 9:00 pm Retroverse
- 18 July 6:00 pm - 9:00 pm Limewired
- 19 July 6:00 pm - 9:00 pm Modern Justice
- 20 July 6:00 pm - 9:00 pm Common Ground
- 24 July 6:00 pm - 9:00 pm Skeedle Brothers Amped Up



# FREE CONCERTS

## Tiki Joe's Cedar Beach Music Schedule

### JULY CON'T

- 25 July 6:00 pm - 9:00 pm Citi Lites
- 26 July 6:00 pm - 9:00 pm Slingshot
- 27 July 6:00 pm - 9:00 pm Bobby Nathan Band
- 29 July 5:00 pm - 8:00 pm Darlene Graham (Rockin Tots, kids music)
- 31 July 6:00 pm - 9:00 pm Joe Rock and the All Stars

### AUGUST

- 01 August 6:00 pm - 9:00 pm Chain Reaction
- 02 August 6:00 pm - 9:00 pm Panic
- 03 August 6:00 pm - 9:00 pm Victims of Rock
- 07 August 6:00 pm - 9:00 pm NU Groove
- 08 August 6:00 pm - 9:00 pm Souled Out
- 09 August 6:00 pm - 9:00 pm Radio Flashback
- 10 August 6:00 pm - 9:00 pm 1 Step Ahead
- 14 August 6:00 pm - 9:00 pm Easy Street
- 15 August 6:00 pm - 9:00 pm Common Ground
- 16 August 6:00 pm - 9:00 pm Rock It
- 17 August 6:00 pm - 9:00 pm Where Stars Collide
- 21 August 6:00 pm - 9:00 pm Screamer of the Week
- 22 August 6:00 pm - 9:00 pm Skeedle Brothers Amped Up
- 23 August 6:00 pm - 9:00 pm In the Groove
- 24 August 6:00 pm - 9:00 pm Citi Lites
- 28 August 6:00 pm - 9:00 pm Bobby Nathan Band
- 29 August 6:00 pm - 9:00 pm Limewired
- 30 August 6:00 pm - 9:00 pm Slingshot
- 31 August 6:00 pm - 9:00 pm Victims of Rock

### SEPTEMBER

- 05 September 6:00 pm - 9:00 pm Jackie & The Rippers
- 06 September 6:00 pm - 9:00 pm Modern Justice
- 12 September 6:00 pm - 9:00 pm Retroverse
- 13 September 6:00 pm - 9:00 pm Joe Rock and the All Stars
- 14 September 6:00 pm - 9:00 pm Bobby Nathan Band

FREE  
ADMISSION!

# 2025 Nesconset Chamber Summer Concert Series

7:00PM Showtime At The Nesconset Gazebo!

FOOD  
TRUCKS  
&  
RAFFLES!

**July 8th - RAIDO FLASHBACK - Best Of 70s/80s**

**July 15th - BON JOURNEY**

**July 22nd - DECADIA - Ultimate 80s Experience**

**July 29th - THAT 70s BAND**

**Aug 5th - JD LEONARD & CO - Decades Of Country Music**

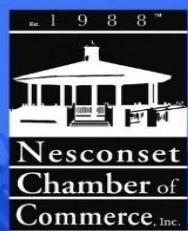
**Aug 12th - WONDEROUS STORIES - Classic Rock & More**

**Aug 19th - SAVE THE DATE! TO BE ANNOUNCED!**

**Aug 26th - SAVE THE DATE! TO BE ANNOUNCED!**

**\*RAIN DATES WILL BE HELD ON THE FOLLOWING DAY\***

**★SPONSORED BY LEGISLATOR LESLIE KENNEDY★**



NOT FREE \$20  
ADMISSION

Anthony's Live  
Beach Club Estates  
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**2025**

**Beach Club Estate**

**UPCOMING EVENTS**

<b>25 JUNE</b>	<b>SUMMER KICK OFF DECADIA</b>
<b>02 JULY</b>	<b>IN THE GROOVE</b>
<b>04 JULY</b>	<b>FREEDOM FEST LIME WIRED SPINDERELLA &amp; THE POSERS</b>
<b>05 JULY</b>	<b>Tribute to Luke Bryant CRASH MY PARTY</b>
<b>09 JULY</b>	<b>WONDEROUS STORIES</b>
<b>16 JULY</b>	<b>CHRISTMAS IN JULY VINYL REVIVAL</b>
<b>23 JULY</b>	<b>HAWAIIAN LUAU THAT 70's BAND</b>
<b>30 JULY</b>	<b>STEREOMATIC</b>

## LIFE 6.0

### Diagnosed With ADHD—at 65

*Finally, an explanation for a lifelong way of thinking and doing*

By JOYCE MAYNARD

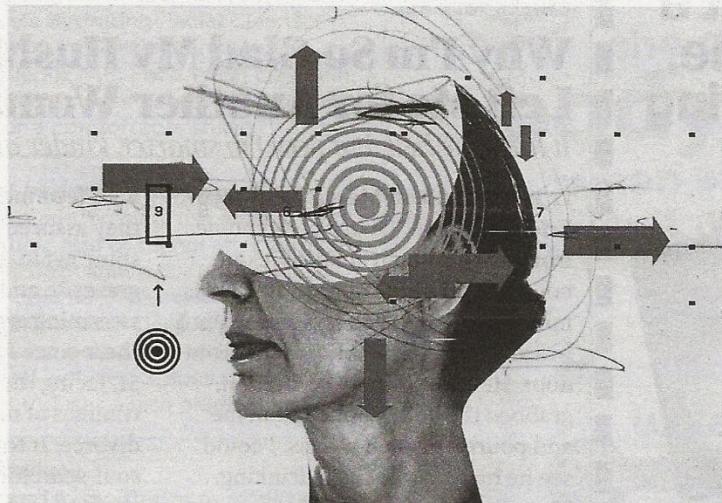
**T**HE REVELATION CAME a couple of months after my 65th birthday. My husband had died more than a year earlier following a brutal battle with cancer. In the aftermath, I returned to college, having dropped out after my freshman year, 46 years earlier. I loved being back at school, the same one where I'd started out. But as had been the case all my life, reading was hard. Three weeks into my first semester, I stayed up late to prepare for my French exam. I felt confident I'd do well. In class the next day, my teacher handed back my exam: D-.

"Have you ever been tested for learning differences?" she asked me.

The last time I was in school, the term "learning differences" didn't exist. If you did poorly, you were stupid, simple as that. As for me, I faked a lot. My reading difficulties had been my shameful secret. Even more so because I was a writer. How could a person write books if she had trouble reading them?

I'd open a book, and for a few paragraphs I'd be doing fine. Then a thought would come to me. Maybe I'd feel a sudden impulse to ride my bike, play a song, take out my oil pastels and draw.

I could hold on to images. It was words—the tools of my trade—that opened the door to a universe of distractions. At the campus Resource Office on Disabilities, I spent weeks being tested by a specialist. Her assessment was eight pages long. I scanned them in my usual



manner—eyes darting to the bottom of one page, then back to the top of the previous one and back again, with a quick glance out the window, to a bird at the feeder. I took in the words in the final paragraph: "Severe ADHD ... Reading comprehension level: 17th percentile."

A wave of relief washed over me.

I'd spent my entire life inventing tools to compensate. I got up early, before anyone else in the house, when fewer distractions called out to me. "Please don't talk to me yet," I'd say when interrupted. "I can only do one thing at a time."

My late-life diagnosis allowed me to finally understand why certain seemingly mundane tasks had always frustrated me: reading the directions on a new appliance or for a board game I bought for my children, studying a map. I also reflected on the many times when the condition I now knew to call ADHD had created problems—forms I had signed too hastily without reading the small print (sometimes with unfavorable consequences), letters from friends conveying crucial news that I had missed. I'd probably offended many people I cared about over the years without even knowing it.

But for all the challenges I'd experienced from living with my neurodivergent brain, I recognized ADHD as

a gift, too—one that's connected to what I view as my superpower, the ability to hyperfocus, to write with nearly unbreakable concentration.

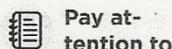
In the end, I chose not to take a drug to address my ADHD. [See "If You Think You Have ADHD" for more on diagnosis and treatment.] I did not earn a diploma that second time around. I speak French well; I just can't read it. But there may be no more valuable lesson I gained at college this time than what I discovered about myself. I learned to love my odd brain. It serves me well.

*Joyce Maynard's two most recent novels, *How the Light Gets In* and *The Bird Hotel*, will be published in paperback this spring.*



#### IF YOU THINK YOU HAVE ADHD

Few people over 60 were screened for ADHD in childhood, but it's not too late to seek a diagnosis. Untreated, the disorder puts you at a higher risk for accidents, injuries, and other health issues. To get started:



**Pay attention to symptoms.** Use resources like the Adult ADHD Self-Report Scale to assess your symptoms.



**Look at your past.** Have you always been this way? If onset is recent, you might have another condition.



**Get evaluated by a specialist.** Your primary care physician can refer you to an ADHD specialist.



**Get more information.** To educate yourself, try chadd.org and other online resources. —Elise Ceyral