

Country Village News

May 2025

250 Theodore Drive, Coram, NY 11727

Happy Birthday



09 Jim Smith
09 June Tamillow
11 Tony Scott
11 Nancy Smith
18 Liz Zap

21 Bob Moriarty
24 Betty Jinete
25 Karl Weber
26 Mike Odrechowski
30 Bill Lynch

Helen Basso
Jo Botta
Diane King
Olga Pantaleone
Marge Rothwell



Happy Anniversary



13 Carol & John Cook
19 Nancy & Jim Smith



Celebrate the gorgeous month of May! Find out why this month is called "May" and which seven holidays are coming up. Plus, we have the May weather forecast, May Full Moon, gardening tips for May, seasonal recipes, folklore, and more to bring a smile to your day.

The Month of May

"May" is likely named after the Roman goddess Maia, who oversaw the growth of plants. Alternatively, the name might have come from the Latin *maiores*, "elders".

May Calendar

- **May 1** is [May Day](#). Mark the return of spring by bringing in branches of [forsythia](#), [lilacs](#), or other flowering shrubs from your region. May Day is also "Lei Day" in Hawaii. Leis are garlands or wreaths that are often made with native Hawaiian flowers such as [plumeria](#). Nowadays, they are given as a symbol of greeting, farewell, affection, celebration, or honor, in the spirit of aloha.

PMI Gold Coast Properties

To contact PMI (our management company)
CountryVillage@PMIGoldCoast.com 631-621-2150

After-hours/weekends/emergency 800-549-3568
An operator will take your call and relay the message to the management team.

Phone: 631-621-2150 Fax: 631-406-4941
409 Lake Avenue, Saint James, NY 11780
Website: www.pmigoldcoast.com

Country Village Website

Website: <https://country-village.net>
Password: TheoDrive250
Webmaster: Roland Diehl (631)433-2198

Country Village Board Members

President:	Phyllis Benanti	(631) 790-3238
Vice-President:	Greg Williams	(631) 220-8862
Finances	Ellen Forestieri	(631) 226-0714
Secretary	Linda Bily	(631)721-5280
Director	Carl Schroder	(570)955-9999

Country Village Newsletter Committee

Editor:	Doreen McCrystal	(917) 270-0426
Co-Editor:	Sandy Bakofen	(631) 745-6152
	Debbie Buscaglia	(631) 559-9480
	Marie Palagonia	(516) 301-6780
Treasurer:	Francine Leiboff	(631) 846-1070
Email:	cvenews@yahoo.com	

Finance Review Committee

Gene Flynn Chairperson	(631) 921-2417
Charlie Buscaglia	(516) 805-2074
Mike Ellis	(347) 386-8802
Greg Gasiewski	(631) 526-2027
Ed Tomaioli	(516) 233-5473

Country Village Entertainment Committee

Jackie Bromberg	(631) 320-3086
Francine Davino	(631) 696-4750
Sandy Bakofen	(631) 745-6152
Betsy Burbige	(631)987-9507
Carol Fox	(631)790-3239

Social Director

Debra Dougherty	(631) 834-3661
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- **May 5** is **Cinco de Mayo** (“The Fifth of May”). This day celebrates the victory of the Mexican army over the French army at The Battle of Puebla in 1862. Discover Mexican-American recipes and ways to celebrate [Cinco de Mayo](#)!
- **May 11** is **Mother’s Day**—don’t forget! Do you have something planned to show appreciation for your mother?
- **May 17** is **Armed Forces Day**, which honors those who serve in all branches of the United States military.
- **May 19** is **Victoria Day** in Canada. This holiday celebrates the birthday of Queen Victoria, who was born on May 24, 1819. The holiday is observed on the penultimate Monday in May.
- **May 22** is **National Maritime Day**. Created in commemoration of the first transoceanic voyage via steamboat (completed by the U.S.S. Savannah in 1819), this holiday recognizes the efforts of the U.S. merchant marine during both war and peace.
- **May 26** is **Memorial Day**—a poignant reminder of the tenacity of life. It’s tradition to raise the flag on this day.

Just for Fun” Days

May is Get Caught Reading Month and National Good Car-Keeping Month.

- **May 1:** School Principals’ Day
- **May 2:** World Tuna Day
- **May 8:** No Socks Day
- **May 14** (second Wednesday in May): Root Canal Appreciation Day
- **May 14:** Dance Like a Chicken Day
- **May 28:** Slugs Return from Capistrano Day

May Full Moon

May’s full Moon, called the **Flower Moon**, appears on Monday, May 12, reaching peak illumination at 12:56 P.M. (EDT). It will be below the horizon at this time, so for the best view of this full Moon, step outside on the night of the 12th or the 13th and look for that big, bright, shining lunar disk! [Learn more about May’s full Moon here.](#)

May Weather

“A warm January, a cold May.” May acts as the bridge between spring and summer, hinting at warmer weather for those still stuck in spring’s grasp while heating things up for those already well on their way.

*A dry May and a leaking June
Make the farmer whistle a merry tune.
A snowstorm in May
Is worth a wagonload of hay.
Among the changing months, May stands confessed
The sweetest, and in fairest colors dressed!*
—James Thomson, Scottish poet (1700–48)

COUNTRY VILLAGE NEWS

Enjoy Our Community

Times of events are located on the back calendar page of the newsletter.

- Monday: Chair Yoga, Mexican Train Domino's, Woman Cards, Exercise "Walk Away the Pounds" and Bunco 2nd Monday of each month.
- Tuesday: Exercise "Walk Away the Pounds"
- Wednesday: Knitting Group, Ladies Game Day, Bingo, Exercise "Walk Away the Pounds"
- Thursday: Men's Club, Chair Yoga and Mahjongg, Exercise "Walk Away the Pounds"
- Friday: 3rd Friday of the month Left Right Center (unless there is an event on Saturday), Exercise "Walk Away the Pounds"

NEWS HIGHLIGHTS:

- **COMMUNITY MEETING May 27th 6:00pm**
- Social Director for Shanagegans, Debra Dougherty, **Saturday May 17th 2:00pm**. Gateway Theater enjoy seeing the play **42nd Street** starts at 2:00pm.
- Shred-A-Thon change date to Saturday May 17. Phyllis will put a Robo call out with the information.
- **BOCCE – MEETING MAY 13TH 6:30pm** discuss day and time of game.

The CVE Boards Corner

Board members will be in the clubhouse on the **first Saturday** of each month from **9am-10am**, for any homeowner who would like to express an issue.

Entertainment Committee Future Events:

Italian Night	June 7, 2025
July	TBD
August	TBD

HEALTH And WELLNESS

This month A Pharmacist Guide to Drug Safty

BINGO

Bingo is every Wednesday at 7:00 pm.

We would love more people to join in the fun, the more people the bigger the pot. So, if you do not have anything to do on Wednesday come down to Bingo, we would enjoy seeing you.

BUNCO

2nd Monday (July 8th) of the month at 7:00pm, please arrive at 6:50. We need twelve people to have a game, but we always would love more. It's open to men and women, we did have a few men join the game last month and they loved it.

COUNTRY VILLAGE NEWS

If you are interested call Linda Bily (631) 721-5280. The regulars if you cannot make the game, PLEASE call Linda Bily.

Mahjongg:

Mahjongg starts 7:00p at the clubhouse. We have a fun time; we are not at a professional level so no need to hesitate to join in. If interested in learning how to play, please reach out to Doreen McCrystal, 917-270-0426 or Sandy Bakofen (631) 745-6152.

Donations

Please help our local community, we are still in need of your support, which is always appreciated, nonperishable can be left at the club house in the lobby.

Supporting Our Advertisers

The newsletter would not be possible without our advertisers. **When you do patronize our advertisers, please remember to tell them you are from Country Village Estates.** They have been loyal to us so let us reciprocate our patronage. If anyone has information regarding someone who is interested in advertising with us, please reach out to me, Doreen McCrystal, cvenews@yahoo.com

DOG OWNERS:

It is disgusting when we have a person(s) part of this community that has caused so much damage. They see it every time they walk their dog, they don't care about the eye sore.

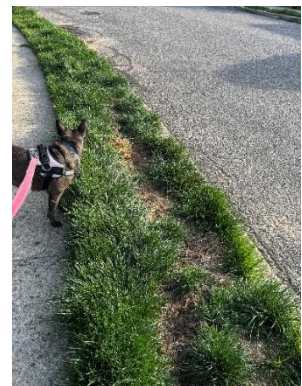
The lawn care people seeded it last year, but the same person(s) repeatedly let their dogs pee in this spot. Other homeowners and/or guests also had their dogs pee in this spot, they were much smaller spots.

It is located at the curve by tennis courts.

This pic is the right by the lamp post.



This pic is the continuation of the damaged area.



THE BOARDS CORNER

April 2025

The past month has been extremely rainy but now that the warmer weather is on the way activities are starting around Country Village.

HOMEOWNERS HO3 POLICY INSURANCE

We need to remind everyone that many still are underinsured for their homeowners' policies. Each home should be insured for no less than \$300,000. **It would be good to have a policy for \$350,000 as the homes here on average sell for \$460,000. You need a \$1,000,000 liability coverage along with listing Country Village Estates, 250 Theodore Drive, Coram, NY 11727 as an interested party.**

Remember we are not condos; we are townhomes, and these policies should be an HO3 policy.

POOL NEWS

Many homeowners complained about the roughness of the bottom of the pool for the past few years. We had a few estimates obtained to have the pool floor smoothed out and the coping changed. The deep grey coping everyone found to be too hot to the touch, so that will be changed as well.

I'm sure everyone has seen that the new pool furniture has arrived. Once the repairs are completed along with the new matching pool furniture, that area will certainly be a place to enjoy during the summer months. We are planning to open the pool by Memorial Day weekend. As you were made aware, we have a new keypad entry to get inside the clubhouse from either of the pool doors. The code number is 0250#.

The back door by the bathroom has the normal push bar to get out to the pool area. To access the pool from the double glass doors, next to the billiard room, you must press the lighted release button on the wall to the left and the push bar at the same time, and this will give you access to the pool.

DYMOND INDUSTRIES AND THE NEW HOMES

We have been in touch with Kevin Dymond who stated the hold-up with finalizing the startup of building the homes is due to a NEW fire marshal for Suffolk County who is making other suggestions. These suggestions need other diagrams to be made. Kevin does feel that as soon as his request is rectified, the building of the homes should start. Once we know, you will all be made aware of it.

RE: VISITORS AT COUNTRY VILLAGE

JUST a reminder that **ALL visitors must be accompanied by a homeowner** whether you are going to the pool or attending any activities or events.

LIGHTING

A company called Net Zero will be replacing the streetlamps to with brighter, more energy-efficient lamp. PSEG is also giving us a great rebate because of the energy efficiency of these lamps. They should be installing these new lamps from the end of April to the first week in May. We are sure you will see a difference with the lighting of the walkways at night.

THE BOARDS CORNER

ELECTRICAL BOXES

We have observed over the past few years that we have 5 deteriorating electrical boxes that need to be replaced. These boxes calculate the electricity we use for Country Village not for your individual use. These will be changed within the next couple of weeks.

VALVE REPLACEMENTS

We are continuing with the last of our valve replacements this year. Each home has a valve for their water supply. They should be checking every 3 yrs to make sure they are functioning. Ours wasn't checked for 25 yrs so we are indeed fortunate that nothing has happened. When this project is completed, we will be moving on to plan other projects to keep Country Village age and functioning without a problem. Of course, we will be informing every one of the next new project.

LANDSCAPING

Just a reminder that our landscapers, Perfect Lawn Care, care for lawns and shrubs on common ground. Anything within your patio is your responsibility. If you need them to care for your patio area, it is something you need to privately pay for and call them. Their office number is +1 (631) 320-1717.

TENNIS AND PICKLE BALL COURTS

These courts will be open and ready for use sometime in May.

POWER WASHING OF HOMES

We have signed a contract with Absolute Cleaning Co. to have all homes power washed in September. We will make you aware of this as time draws near.

SHREDDING EVENT

This date will most likely be changed!

Originally the date was May 18th between 11:00am-12:30pm ...

NEW DATE MAY BE SATURDAY, MAY 17th 10:00am to 12:00pm.

We will give you a Robo call to let you know of the exact date and time.

Any old papers or documents needing to be shredded can be brought down to the clubhouse on that day.. The truck can accommodate any paper needing to be shredded. Papers can have staples in them but make sure NO PAPER CLIPS are in these piles of papers. This is really a good way to clear out old papers needing to be shredded.

ELECTION NOTICE

EVERYONE received a notice that there will be two Board positions opened. Linda Bily and Carl Schroder terms are ending in June. Anyone interested should have sent in a resume by April 30th. If an election is needed, we will be sending out ballots in May.

THE BOARDS CORNER

CLUBHOUSE NEWS

We will be installing new ductless heating and A/C units in the meeting room at the clubhouse. These units are in addition to the HVAC system we already have. They are a back up to these units. We have had complaints that often the meeting room is extremely cold in the winter or too hot in the summer. The purpose of these units is to make sure everyone enjoys the clubhouse meeting room in winter or summer.

REQUEST

Country Village is a beautiful Village that is our home. If you find something is damaged, a hazard or is not functioning well, we would appreciate your contacting our management company PMI at 631-621-2150 ext 221. This extension is to our Manager, Angela at PMI.

Another request is, whether it is winter or summer month, homeowners with their furry pets, need to use **ONLY** the grass strip between the street and the sidewalk to have their dogs pee and poop. Pee must be well douse with water and even poop if not solid should be douse with water. No walking on common ground. Too many are taking advantage of and not picking up their dogs excrement and if seen and reported, they will be fined. Please inform any visitors of this rule as well.

Last request by our mailman Ali, is that you do not park by the mailboxes between 11:00am-2:00 pm. He needs to park his truck there to deliver our mail. Thank you

SAVE THE DATE

We will be having a Community Meeting ON May 27th at 6pm.

If a Board of Directors election is needed results will be announced on that night. Please make yourself available as it is time to receive updates and ask any questions about Country Village and its workings. **Everyone can be heard but there will be a 3 min. time limit for each person's questions.**





BROADWAY ENTERTAINMENT COMES TO THE VILLAGE

TV'S GOLDEN GIRLS MYSTERY BIRTHDAY BASH

FRIDAY, MAY 2 at 7:00pm
\$25 PER PERSON
50/50 RAFFLE

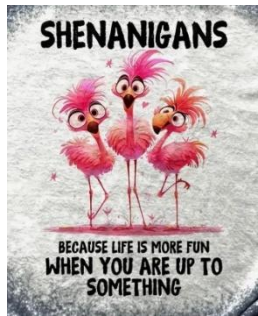
HOMEOWNERS AND GUESTS ARE WELCOME!
FIRST COME, FIRST SERVED

**COFFEE, TEA, WATER, SODA & DESSERTS. BRING YOUR OWN
BEVERAGE AND ANY SNACKS YOU'D LIKE**

Sign up sheet is in the Clubhouse.

Cash payment will be accepted at the Club House on Wednesday,
APRIL 16, 2025 between 10:00am - 11:00am and 6:00pm - 7:00pm.

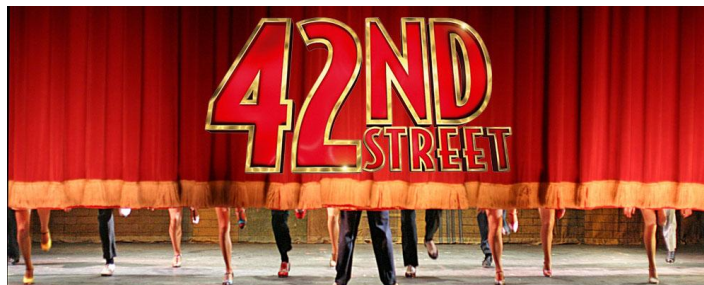
SHANAGEGANS SOCIAL EVENTS



- Last month, April 13th Debra Dougherty, Social Director, arranged an outing to Plasterkrazie. There were a few of us we each picked out a ceramic piece to paint. I must say it was relaxing to take time out to just paint, everyone else felt the same.



- **This month:** Saturday May 17th at 2:00pm Gateway Theater enjoy seeing the play **42nd Street** starts at 2:00pm. Please contact Debra Dougherty on (631) 834-3661 for more information.





COUNTRY VILLAGE ESTATES SHRED-A-THON!

CLAIRE LEFACE & KAREN ORRACH INVITE YOU ON:



THIS MAY CHANGE TO
SUNDAY, MAY 18th
SATURDAY MAY 17th.
11:00am - 12:30pm



IN FRONT OF THE CLUBHOUSE

Bring old documents and unwanted papers that could help you de-clutter. All documents will be shredded in a professional Mobile Shredding Truck while you watch and are then recycled. No need to remove staples or paper clips. If you need help with boxes let us know!

COME MEET YOUR REAL ESTATE AGENTS THAT GIVE BACK TO YOUR COMMUNITY



CLAIRE LEFACE

Lic. Associate RE Broker

C: 516-330-4732

O: 631-360-2800

cleface@signaturepremier.com

RealClaire.com



KAREN ORRACH

Lic. Associate RE Broker

C: 516-410-6270

O: 631-360-2800

korrach@signaturepremier.com

KarenSellsLI.com



JOIN US FOR A
TASTE OF ITALY

Saturday, June 7, 2025 at 6:00pm

**\$30 per person includes dinner, wine, soda, dessert,
coffee and tea and music provided by**

DJ Tommy
(back by popular demand)_

Sign-up sheet is in the Clubhouse.

Cash payment will be accepted at the Clubhouse on
**Wednesday, May 28, 2025 between 10:00am
& 11:00am and 6:00pm & 7:00pm.**

Put your dancing shoes on and don't miss this delicious
dinner and a fun evening with your neighbors.



Landscape Services from Perfect Lawn Care

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11764



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- Mulch
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- Top Soil & Seed
- Gutter Cleaning
- Shrub Pruning
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individual
patio area
maintenance!***

***Please call today for free
estimates***

631 320-1717

Perfectlawncare@optonline.net

Mother's Day Messages & Wishes

I'm glad that you're my mother because I'm not sure anyone else could have put up with me this long! Love you, Mom.

Your smile brightens each day and makes it better than the last. Happy Mother's Day, Mom!

I feel so lucky to have you as my mom. Thanks for always believing in me and doing so much for me each day. Have a great Mother's Day, you deserve to be spoiled!

It's my time to tell you how fortunate and special I am to be blessed with a mother as caring, loving as you. Wish you a happy Mother's Day, Mom!

Mom, thank you for being my anchor in this stormy sea of life. I love you and don't know where I'd be without you. Have a great day today.

Mother Goose, Ma Barker, Mother Theresa—of all the mothers that ever lived, you're the "Motheriest." Have a great Mother's Day!

Happy Mother's Day to my very own superhero and the No. 1 problem-solver in my life. I hope you have a great day!



In your arms, you held us. Little did we know but you have given us the greatest treasure that will never fade in our hearts and that's your love.

Thanks for everything, Mom; you really are one in a million! Love you!

Thanks for always helping me to remember what is important in life... and today it is you! You are the best!

Mom, you are the most outstanding woman in my life, and you'll always be my number one. Have a very happy Mother's Day!

In my life, I haven't met a lady as elegant, beautiful, and lovely as you. I love you lots, Mommy!

Thank you for always being there, Mom. Happy Mother's Day!

Happy Mother's Day Mom! Although we're far apart you are always in my heart. I love you and miss you more than words can say.



magnetStreet.

ARE DIRE WOLVES BACK? THE FACTS



DIRE WOLVES!?

Dire wolves? Back from extinction? This news wasn't on our 2025 bingo card.

But what are the real facts surrounding this huge news story? Let's break it down a bit.

Colossal Biosciences, a Dallas, Tex.-based biotechnology company announced on Monday that they had brought back the dire wolf from extinction with the birth of 3 dire wolf pups (Romulus, Remus, 5 months old, and Khaleesi, 2 months old). This is a bold announcement since these animals are essentially a genetically modified gray wolf. The scientists working on the project used a "morphological species concept," meaning that species are grouped by physical characteristics. Basically, the team's goal was not to create a dire wolf that shared 100% of the genes with its ancient ancestors, just an animal that looked similar to what we *think* a dire wolf might've looked like.

Jacquelyn Gill, a paleoecologist at the University of Maine made a comment in an article published by Scientific American stating, "'The pups don't have any traits that would allow us to understand the dire wolf any better than we did yesterday,' Gill says, adding that understanding ice age organisms isn't just a matter of knowing what they looked like or what they ate—but also about knowing what they did in those ancient ecosystems. 'Some of those things are coded genetically; some of those are cultural' and passed down from generation to generation."

To sum it all up? These animals are a romantic thought, especially for Game of Thrones fans, but they are not 100% dire wolves brought back from extinction. They are gray wolves with modified genes, some of those genes come from dire wolf variants.

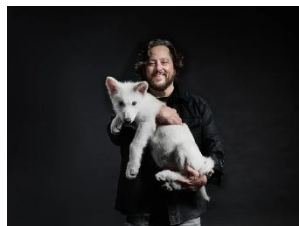
Our overall hope is that the company's goal of using this technology to help our world's biodiversity crisis and aid conservation efforts with animals such as the red wolf will be seen in the upcoming years.

While we think that the technology surrounding this work is impressive, we also can't help but wish that the funding, science and media attention used to "bring back" a species from extinction could be used to protect the already existing gray wolves in our country that are being ruthlessly targeted in anti-wolf legislation as we speak.

How were they genetically engineered?

Colossal scientists extracted ancient DNA from two dire wolf fossils: a tooth from Sheridan Pit, Ohio, about 13,000 years old, and an inner-ear bone from American Falls, Idaho, roughly 72,000 years old.

Twenty genes of gray wolves were edited with this DNA to include dire wolf traits in gray wolf cells. Through cloning, embryos were created from the edited gray wolf cells, and these were implanted in surrogate domesticated dog mothers. Three different dogs gave birth to the pups. CONTRIBUTING Reuters and Mike Snider



A pharmacist's guide to drug safety

TNS

As a pharmacist-health services researcher, Dr. Antoinette Coe studies how to improve medication use and safety. Some of her motivation comes from personal experiences as a caregiver and helping family members keep track of their medications — which can get complicated.

Research suggests that half of medications prescribed for people with chronic diseases might not be taken correctly.

Coe, an assistant professor of clinical pharmacy at the University of Michigan in Ann Arbor, answered questions about how to prevent errors for an American Heart Association News series that asks specialists to explain how they apply what they've learned to their own lives. Her remarks have been edited.

What are some of the most frequent errors people make with their medications?

Some common problems people make are related to how they take their medication, such as forgetting to take it or not taking it at the right time; taking too much or too little; and taking medications that can interact with each other, including over-the-counter medications, herbal products and supplements.

How can medication problems arise?

Communication plays a large role. For instance, when a health care professional counsels the patient on how to take their new medication in a way that is not clear, the patient may not understand the directions.

What are the concerns for older people?

Older adults are at higher risk for medication problems. They may have multiple chronic conditions, which can lead to complex medication regimens, leading to an increased risk for drug interactions or challenges with medication adherence.

Also, older adults may have changes in liver or kidney function, which can affect how the body metabolizes and clears the medications from the body.

Vision or hearing impairments may lead to problems reading prescription labels or hearing instructions.

Arthritis may make it hard to open bottles. Cognitive decline may make it harder for older adults to remember how or when to take their medications.

Medication costs may also be a large problem.



GETTY IMAGES

Many older patients take multiple medication, making interactions a concern.

Are heart medications a particular concern?

Heart medications can be a source of medication-related problems, especially since cardiovascular conditions are so prevalent, particularly among older adults who are on multiple medications. The medications may have side effects such as dizziness or fatigue or need dosage adjustments requiring monitoring and communication with their health care team.

What sorts of questions should people ask about their medications, and whom should they ask?

A patient should understand what each medication treats and how and when to take it, including whether to take it with food.

Some questions to consider for their doctor:

- What is this medication being prescribed for?
- What are potential side effects, and what should I do if they occur?
- How long do I need to take this medication?
- Is there anything I should avoid while taking this drug, such as food?
- For their pharmacist, they can ask:
 - How should I take this medication?
 - Does this medication interact with any of my other medications?
 - Are there any side effects I should be concerned about?
 - What should I do if I miss a dose?
 - Where should I store this medication — in the refrigerator or at room temperature?

What should people and their caregivers do to avoid medication errors?

One of the most important things is for people to have an accurate and up-to-date list of all medications they take, including prescription medications, over-the-counter medicines, herbal medications and supplements, and share it with their health care team.

Another helpful thing is to fill all their medications at one pharmacy, if possible, so the pharmacist knows their medications and can check for drug interactions or duplications.

People should ask their pharmacist, doctor or other health care team member if any medication instructions are not clear.

Storing medications properly and keeping them out of reach of children is also important.

What advice do you give to friends or family when asked to help sort out medication problems?

My advice is to make sure they have a list of all of their medications, dosages, how to take them, why they are taking them, and who prescribed their medication. They should keep that list with them, such as in their wallet, to bring to all of their medical appointments.

And if they are having any issues with remembering to take their medications as prescribed, I suggest they consider using a medication pill box, a reminder alarm or an app on their phone.